## Mental Health Counseling

## Individual Counseling Sessions

Location: ASU Newman Center Appointment times: Monday mornings Session length: 50 minutes First two sessions free for students



Scan QR Code to inquire about services or visit: https://forms.gle/hWLm7CZ1 SqTJwB9y6



## Meet the Counselor

Grace Fitzgerald will be offering affordable mental health counseling sessions at ASU Newman Center.

Grace is a clinical counseling intern at Saint Raphael Counseling.

Grace has experience treating individuals dealing with anxiety, depression, addiction, PTSD, and other issues.

Grace's goal is to help people experience true healing and freedom from their wounds. She approaches therapy from a holistic lens integrating treatment of mind, body, and soul.

Contact: (480)- 630-3521 grace@saintraphaelcounseling.com